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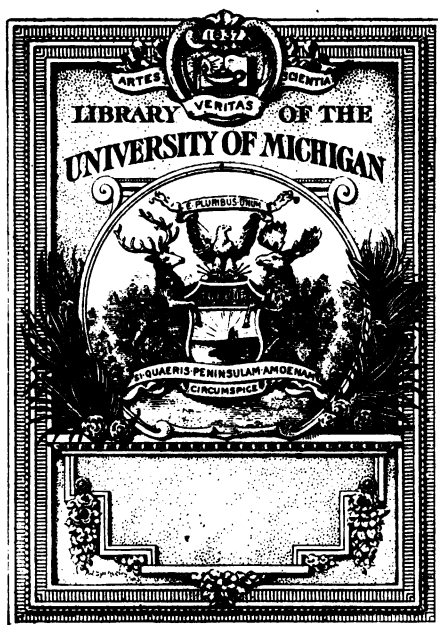
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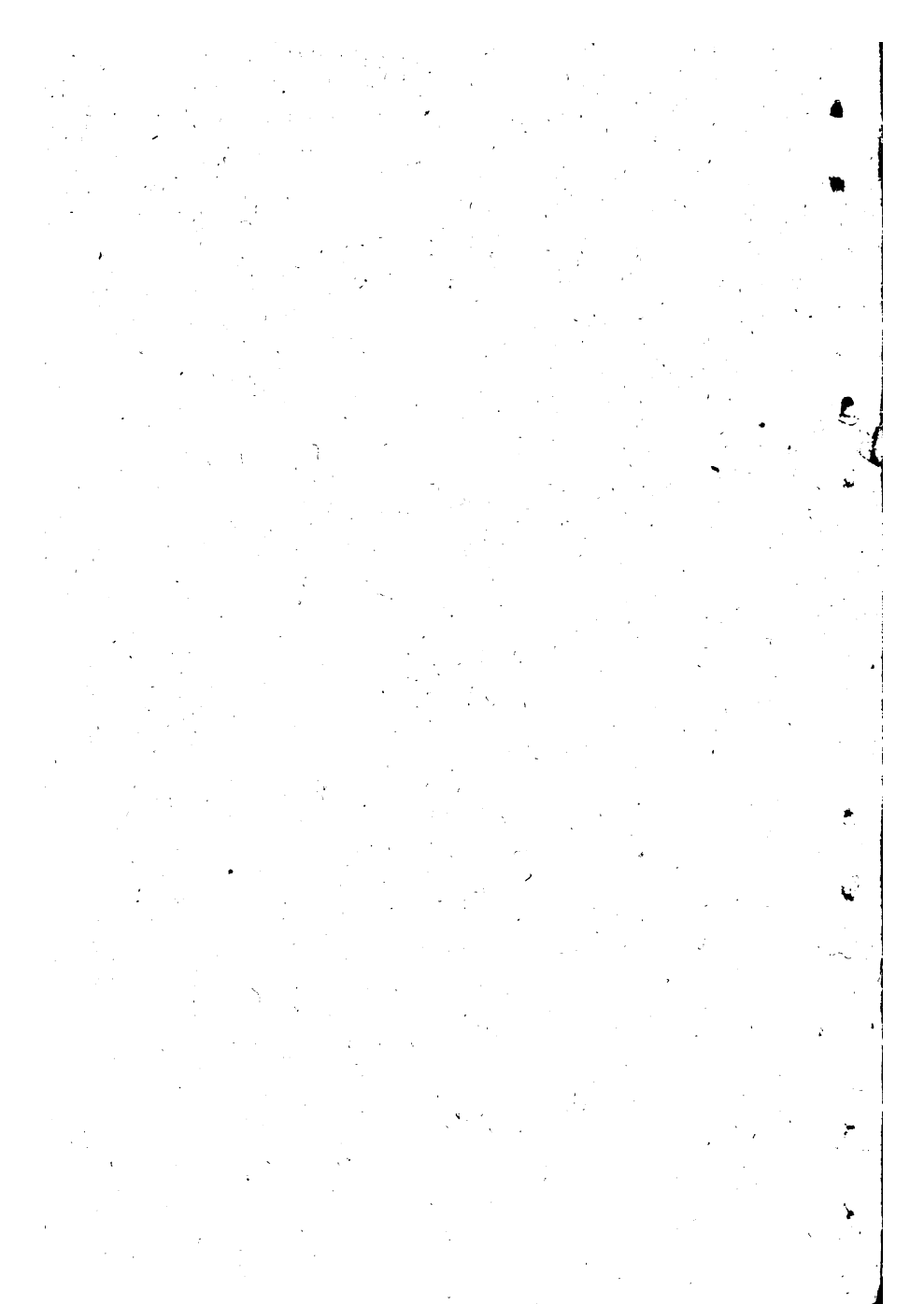
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THE LAW

SEEK BEAUTY

GIVE SERVICE

PURSUE KNOWLEDGE

BE TRUSTWORTHY

HOLD ON TO HEALTH

GLORIFY WORK

BE HAPPY

THE BOOK OF THE CAMP FIRE GIRLS



NEW YORK
GEORGE H. DORAN COMPANY

Copyright, 1913.

BY CAMP FIRE GIRLS.

THIRD REVISED EDITION

6432458.
"Burn, fire, burn!
Flicker, flicker, flame!
Whose hand above this blaze is lifted
Shall be with magic touch engifted,
To warm the hearts of lonely mortals
Who stand without their open portals.
The torch shall draw them to the fire
Higher, higher
By desire.
Whoso shall stand by this hearthstone,
Flame-fanned,
Shall never, never stand alone;
Whose house is dark and bare and cold,
Whose house is cold,
This is his own.
Flicker, flicker, flicker, flame;
Burn, fire, burn!"

*Written by Florence Conve
for Denison House, College Settlement, Boston.*

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ORGANIZATION

The Camp Fire Girls is an international organization with local groups known as Camp Fires.

The Purpose of this Organization is to perpetuate the spiritual ideals of the home under the new conditions of a social community. The specific ways by which it aims at this large result is to show that the common things of daily life are the chief means of beauty, romance and adventure; to aid in the forming of habits making for health and vigor, the out-of-door habit and the out-of-door spirit; to devise ways of measuring and creating standards of woman's work; to give girls the opportunity to learn how to "keep step," to learn team work through doing it; to help girls and women to serve the community, the larger home, in the same ways that they have always served the individual home; to give status and social recognition to the knowledge of the mother and thus restore the intimate relationship of mothers and daughters to each other; to develop a sympathetic understanding of economic relationship with which women come in contact.

Membership is open only to girls of twelve years and over. Younger girls may become "Blue Birds," an auxiliary organization. (See page 25). A girl may join the organization by applying for membership to a local Camp Fire, and by signifying her wish to comply with the law of the Camp Fire.

A Local Camp Fire shall be known by its chosen name which is to be sent to the National Headquarters. The size of a single Camp Fire is from six to twenty girls of about the same age and maturity. This limitation in numbers is because the Guardian is expected to have a personal friendship with each one of her girls. Groups of ten or twelve have been found most successful. Each Guardian should have not more than one Camp Fire. Where special conditions warrant it this rule may be temporarily suspended by the National Board. When additional girls wish to join the Guardian should help them to find some other suitable person to be their Guardian.

Meetings of the Local Camp Fire shall be held regularly, preferably once a week. The Council Fire—that is, the ceremonial gathering at which admission of members, awarding of honors, and the acquirement of rank takes place—is held customarily once a month, unless the girls give most of their time to Camp Fire activities.

Ranks. There are three ranks which a girl may attain in the organization—(1) Wood Gatherer; (2) Fire-Maker; (3) Torch-Bearer. To become a Wood-Gatherer a girl must fulfill six requirements (p. 26). She then receives without cost, a silver ring, which typifies the spirit of the organization, and is a token of her membership, not only in her local Camp Fire, but in the international organization of Camp Fire Girls. This ring cannot be sold or given away. It is the property of the Camp Fire.

A Wood Gatherer is entitled to wear on her right arm the emblem showing the logs laid ready to kindle.

THE EMBLEMS



WOOD GATHERER



GUARDIAN'S PIN



FIRE MAKER



TORCH BEARER

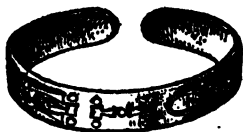
THE BADGES



WOOD GATHERER'S
RING



TORCH BEARER'S PIN



FIRE MAKER'S
BRACELET

On fulfilling certain requirements (see page 27) the Wood Gatherer becomes a Fire Maker and is entitled to add to the Wood Gatherer's emblem the orange and red which represent the flame. She may also wear the Fire Maker's bracelet.

On fulfilling certain other requirements (see page 31) the Fire Maker becomes a Torch Bearer and is entitled to add to her emblem the touch of white which represents smoke from the flame. She may also wear the Torch Bearer's pin. The attainment of membership and rank is completed upon report by the Guardians to the Board of Managers in accordance with the established forms for permanent record.

Signs and Symbols. Fire is the symbol of the organization, for around it the first homes were built. The Camp Fire stands not only for the home, but also for the genuineness and simplicity of out-of-door life. For decorative purposes the fire may be represented by the sun.

A symbol of membership is the standing pine. It means simplicity and strength.

The watchword is Wohelo. It is made up of the first two letters of Work, of Health, and of Love.

The "hand sign" is made by flattening the fingers of the right hand against those of the left. This indicates crossed logs. From the first position the right hand is raised, following the curves of an imaginary flame. This sign was used by the early American Indians. It may be abbreviated by placing the fingers of the right hand across those of the left, with the forefinger slightly raised.

The first step in organization is for the woman who wishes to be Guardian of a definite group of girls to write to the National

Wohelo

ORGANIZATION

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Headquarters for an application blank for the Guardian's certificate. The girls choose a name for their local Camp Fire (see page 19) and the leader sends the application for Guardianship of the named group, including her references and the application fee of twenty-five cents to National Headquarters. About a month should be allowed for reply, although the time required is usually less. The first Council Fire (see page 34) for organization and admission of members, may be arranged for any convenient date after the receipt of the Guardian's authorization.

Guardians of the Fire. The head of a local group, called the Guardian of the Fire, should be a woman over twenty-one years of age. She receives her appointment and authorization as Guardian of her local Camp Fire upon vote of the National Board of Managers. The Guardian is given the Ring when she is appointed. When the Guardian is to have charge of a group within some organization where there is a Chief Guardian her application must contain the endorsement of her Chief Guardian. Appointments hold for the calendar year.

Needs of each Guardian:

1. Certificate of Authorization.
2. Copy of Manual.
3. Complete set of printed material of Camp Fire Girls.
4. The monthly magazine "Wohelo."
5. The Official Songs.
6. Ceremonial gown, head band, and her own honor beads.
7. The Guardian's Pin.

CAMP FIRE GIRLS

The Monthly Bulletin contains official communications from the Board of Managers. It tells of how work is being done, money being earned, new honors being added; new songs, Indian names, and symbols will be shown. It is indispensable to each Camp Fire. The subscription price is one dollar a year.

Guardian's Pin and General Symbol. This is a symbol for the sun and stands for fire. There are twelve rays, one for each month of the year. On each ray are three projections, Work, Health and Love. That is, the Camp Fire Girls are busy all the year in Work, Health and Love. This symbol may be used for any Camp Fire Girl as a decoration on her paddle, sofa pillow, dress, stationery, etc. As a pin, it is reserved for the exclusive use of the Guardian in recognition of the fact that the success of the entire work depends upon her devotion, ideals, originality and leadership. The Guardians are the real sources or avenues of light and warmth of life. The pin is made in solid gold and black enamel.

↓ *A Chief Guardian* may be appointed when several Camp Fires have been formed in one institution, such as a school, summer camp, Y. W. C. A., playground, or settlement. Her task is to unify the activities of all the Camp Fires under her jurisdiction. A Chief Guardian must be nominated by the head of her organization. She fills out an application for the Guardian of the Fire, gives the head of her organization as one of her references, inserts the word Chief before the word Guardian, and states whether she herself has a group. She has authority only over Camp Fires organized among the members of her own institution.

Qualifications for Guardian. In age, character, and attainment the Guardian must be a woman who is a natural leader. Except under unusual conditions she must be at least twenty-one years of age. It is important that she have the out-of-door spirit and be somewhat familiar with the out-of-door life and activities; and that she understand the meaning of the home and the opportunities for doing important things in the home in an interesting way. She should be a woman who wants to be with girls because she enjoys it, rather than because she merely thinks it her duty. The work requires real devotion and enterprise on the part of the Guardian and the greater her enthusiasm and health, the better; the more natural her leadership, the better. The character, power, and enthusiasm of the Guardians of the Fire are more important than anything else in the whole organization. All the rest is machinery for the purpose of bringing the right kind of women into contact with the girls.

Guardian's Honors and Costumes. The Guardian should herself be a Camp Fire Girl—that is, she should wear the ring, the ceremonial dress and headband, should have her special name, and should be awarded her honors and honor beads by the girls at each meeting.

Duties of the Guardian of the Fire. The Guardian has two main responsibilities.

1. She is responsible as the representative of the Board of Managers in conducting the affairs of one Camp Fire.
2. She may be appealed to anywhere, any time, by any girl

in distress. The Guardian's pin means that the wearer is dependable, has standing in the community, works for and loves girls. She stands guard.

The Guardian of the Fire shall meet with the girls regularly, preferably once a week; plan the work; see that proper preparations are made for the meetings; select those who shall perform the different duties; supervise the acquirement of honors; conduct the exercises for the initiation of new members; and in general be responsible for all the activities of the Camp Fire. She need not herself know and do all the things that are put down under Elective Honors, but a Guardian should be able to do some of them herself, and to find women in the community who will help with others. For example, mothers or teachers may club together under a leader to teach the different activities.

A successful group of Camp Fires in Connecticut has an Examining Board of seven members, one responsible for examination in each group of elective honors and to this group any of the Guardians may refer for decision in regard to awarding the honors.

A Guardian should know how to find and refer to books and magazines containing helpful articles. When possible she should take the girls on tramps or out-of-doors expeditions.

The Guardian shall be responsible for the maintenance of the required standard within her group, and shall be the final authority as to whether a girl is entitled to an honor she claims. The Guardian will find it a help to have a notebook in which she can put the records of the girls each week. She may have a page for each girl, on which she may put the date on which she began going without candy and soda between meals, the date the girl scrambled eggs, the distance

she walked a certain day, the day she made omelet, and other notes, until the work for each of these honors is completed. Some of the Camp Fire Girls are keeping delightful diaries of the things they do. When the bead is awarded, and the record made on the honor page in the "Count," or Record Book, the Guardian's notes may be checked off, and in this way there is a definite reference to work done on past dates. The Guardian of each Camp Fire may decide what program or arrangement of activities is most appropriate to follow. One Camp Fire has one meeting given each month to games and folk-dancing, one to story-telling and pantomime, one to cooking and housewifery, and one to handicraft. This allows plenty of variation. A group of business girls has centered its activities on the art of entertaining. Other Camp Fires planned for certain definite honors which they wished to win in each season. During the late fall when the flowers were nearly gone, they learned to know the trees and the constellations with their legends. Before the holiday season they stenciled, did some leather and brass work, and made scrap-books and toys for a children's hospital. The girls went skating and coasting, as well as tramping for their health honors. In January they plan to earn their honors in telling folk-stories and Indian legends. In February they wish to celebrate the two national holidays. In the spring they may win some of the sewing honors.

A Camp Fire might, if they wished, give almost a whole year to winning all the honors in home and camp cookery. The possibilities are limited most closely by what the girls themselves wish to do.

The Guardian shall be free to conduct her Camp Fire as best fits her needs, shall use her own judgment as to what

the girls shall do, how the meetings shall be conducted, to what extent the ceremonial shall be adopted, and other similar matters.

No Guardian shall have the right to set aside the conditions of membership or the specified requirements for attaining different ranks; introduce new ranks or new honors, except with the consent of the National Board; or make any other change in the general character of the organization. If a Camp Fire has some special attainment for which it wishes to give an honor, the matter will receive careful consideration by the National Board.

A Guardian is appointed for a period of time (the calendar year) not as Guardian only for a particular group. If, therefore, a Guardian moves from one city to another, she may organize a Camp Fire in the city to which she goes without changing her certificate. The National office should be notified immediately of such a change.

Experience is showing with increasing clearness that each Guardian should have but *one Camp Fire*. If the Guardian is to know each girl intimately, keep in touch with her family, help her with her problems, one group is all she should try to take care of—other Guardians should be found for the other girls. It is of no advantage to attempt to extend one's work to a large number of girls. The biggest as well as the best results will be accomplished by doing thorough work for a few rather than superficial work for the many.

This limitation of the Guardian is especially urged in view of the growing demands for Blue Bird work. Each Guardian may have one Nest of Blue Birds, and even though the actual work may be done by her Fire Makers or Torch-

Bearers, the responsibility for the oversight and general direction of the work must rest with the Guardian.

Local Honors. Some Camp Fires have special needs or opportunities that are not provided for under the elective honors in connection with which it seems wise to offer some honor. Any Camp Fire may create local honors and award special beads or other emblems for such honors. These local honors do not, however, count toward the rank of Fire Maker or Torch Bearer.

Awarding of Honors. When a Guardian is satisfied that a girl has fulfilled a requirement or won an elective honor (see page 53), the Guardian shall award her that honor at the Council Fire. Honors may be won in seven crafts, each craft symbolized by a distinctively colored bead.

Health Craft: red (red blood)

Home Craft: orange (flame)

Nature Lore: blue (sky)

Camp Craft: wood brown (woods)

Hand Craft: green (creation, growing things)

Business: yellow (gold)

Patriotism: red, white, and blue

Required honors: Fire Maker and Torch Bearer: purple
(constancy)

Local honors: natural woods

National honors: special award.

The beads are strung on leather thongs or sewed on the ceremonial dress.

Honor Beads. The official beads have been selected because of their simplicity, suitability for decoration, color, size and

inexpensiveness. It is of great importance, that the honor beads be beautiful, suitable, and durable, for they will become treasured tokens of personal experience and attainment.

Pay for Beads. Some girls feel that having earned an honor they should be given the bead or the badge without any expense to themselves. It is important to learn early that one cannot get something for nothing. A student earns his college degree but must pay for the diploma; practically all societies charge for their pins and insignia. Camp Fire Girls is not a charity. The beads and other insignia, including ceremonial gowns, are often paid for out of the money earned by the Camp Fires themselves.

Advancing Expenses. It is usually unwise for the Guardian to advance money to the girls even to enable them to purchase costumes, beads, etc. The habit of "pay as you go" is an important one.

Return of Ring. Any girl who fails to keep up her Camp Fire work, winning honors and attending meetings, should return her ring to the Guardian. The rings are the property of the Camp Fire.

The Manual should be owned, if possible, by each girl. She needs to study the honors and to get the spirit. The Book is as necessary to a Camp Fire Girl as a map is to a pilot. To have extracts made from the book for the use of the girls has proven to be undesirable, for each girl should know most of what is in the book. The pictures, the Count, the nature of the organization, are each of them important to the girls. Where it is not possible for each girl to own a manual one of the following plans may be adopted.

1. Have several copies owned by the Camp Fire to be used by the girls in rotation.
2. Get several copies of the Manual placed in the public library for the use of the girls.

Fees. Each Camp Fire having not over ten members shall pay annually five dollars as their share in the expenses of the national work. For each member in addition to ten, fifty cents is to be added, *e.g.* for a Camp Fire of fifteen members the annual dues will be seven dollars and a half. These fees may be payable in two installments—December first and June first—of each year.

It is earnestly requested that this money be earned by each Camp Fire rather than contributed by the girls or their friends. The only way in which this work can grow wisely and extensively is by having the girls themselves realize that it is their own work and so take hold and each Camp Fire carry its share. It is bad policy to educate girls to receive as a gift that which they can and should provide for themselves. It is worth ten times the effort to help girls to earn for themselves—to stand on their own feet financially than it is to get benevolent people to make donations to or for them. In some cases Guardians have hampered the work by their own generosity. To help people to help themselves is fundamental.

Burden Bearers. In view of the establishment of the fee it has been decided not to ask Camp Fires to become *Burden Bearers* as outlined in the April Bulletin.

Choosing Camp Fire Names. The name of the Camp Fire may be suggested by a primitive legend or custom, by the natural

resources or industries of the locality, by some woman who has been of special service to that community, or by the desire of the girls as a group. A Camp Fire in one of the Western States may be called the Alsea Camp Fire because it is in the Alsea Valley. The Indian legend is told that no matter how fierce the war between neighboring tribes, in this beautiful valley the Indians were always at peace and so they called the valley Alsea, meaning peace. The symbol for this Camp Fire is two low brown triangles with bases touching, to suggest the valley between the mountains.

The Hannah Dustin Camp Fire, situated near Deerfield, Mass., may have for its emblem a canoe with the totem of the tribe from which she saved herself and her little boy. The Sequoia Camp Fire may have a reddish brown, long trunked, pointed topped tree for its symbol because it tells of the giant redwoods. A group of girls in Butte, Mont., may name themselves The Copper City Camp Fire Girls, because of the principal industry of their home city, and they may use the pick and shovel in copper color as their symbol. The more simple the symbolic design, the more effective it will be, and the more varied may be its use.

A Camp Fire girl chooses or wins her own name and symbol, which stands for the qualities or accomplishments by which she wishes to be known. From a collection of Indian legends the names "Wanaka" sun-halo, and "Chelan," clearwater, were taken. One girl had been watching the oven-bird build its nest and then took the Indian name of that bird. Another girl took her name from the words, "needed and cheerful," two things which she wished to be, and now she is known as "Neachee." "Pakwa" chose the frog as her symbol, for its skill in diving; "Kanxi" chose the honey-bee for its sweetness.

"Morning Star" likes to take walks before breakfast and hopes soon to get breakfast all alone for the other members of the family. "Evening Star" her sister, is the one who puts the two younger children to bed, and she is winning her first honors in telling folk-stories and Indian legends to them. "Grey Leaves" found her name in the poem, "The Master and the Trees," by Sidney Lanier.

The names and symbols of the Camp Fires or of the Camp Fire Girls may be suggested from any source, especially from folk lore of the different countries, but are perhaps more often taken from the Indian lore, because it is suggestive of the spirit of out-of-doors, of the ingenious use of the materials at hand, and is so distinctly American.

Often, when names have been too hastily chosen, the girls are anxious to change them for new names. Many times a more thoughtful study of the name will reveal some story of symbolism not before known or realized. If so, it is wise to hold to the original name. But if the girl's desires have so changed that a different name is more appropriate, let the old name be written on a piece of paper, and at the Council Fire the Guardian may explain the reason for the change. She then throws the paper into the flames and tells the girls that as the paper has gone in the flames, it is a sign that the name is gone forever and must never be mentioned by the girls again; hereafter the girl is to be known by her new name.

CAMP FIRE GIRLS

MY NAME—WHITE FLAME

BY ISABEL BRIGGS, A CAMP FIRE GIRL.

There were fires in my heart that burned and burned, B
Unsteady, and never the same. 6
There were thoughts in my brain that turned and turned,
Seeking my true Fire Name.
Then out from the changing fire there came
A wonderful, radiant, pure White Flame.
Symbol of steadfast pure desire,
Unwavering will that shall never tire,
Unselfish ambition, joyous strength,
Sorrow that changes to joy at length.
So, as a guide to my dearest aim,
I choose for my name, White Flame.

Local Organization. In localities of considerable size there may be an Adviser who is appointed by the National Body. In some places it may be desirable to have an Advisory Board. In this case the procedure is as follows: Upon application the National Board will co-operate in the appointment of a Committee on Organization, consisting of a few interested representative men and women. This Committee shall nominate for membership an Advisory Board of representative men and women. The nominations shall be sent to the Board of Managers by whom the official appointments are made. The Committee on Organization is dissolved after the Advisory Board has been appointed. The Advisory Board nominates a person as Chief Advisor. Her name comes before the Board of Managers for appointment. She thus becomes the presiding officer of the local Advisory Board and the official local representative of the Board of Managers.

The Advisory Board, or the Adviser where there is no Board, shall have charge of the organization of all Camp Fires in the city.

Duties of a Chief Adviser. The Chief Adviser presides at the monthly meetings of the Advisory Board; signs Guardians' applications; confers with the Guardians; and gives advice to those desiring to qualify for leadership.

Duties of an Advisory Board. It meets at least once a month; supervises the local Camp Fires; chooses and recommends the Guardian of the Fires, makes a survey of the community with reference to forming new Camp Fires; provides financial help when needed, creates public interest in the Camp Fire Girls.

Local Organization of Guardians. When a number of Camp Fires have been started in any locality the Guardians will find it advantageous to meet together occasionally for mutual help. The Board of Managers will be glad to know of all such organizations. It should be clearly understood that such organizations are merely for purposes of mutual help and that they do not have authority or control even over each other. They should elect a Chairman and Secretary who will perform the duties usually attached to these offices. It is undesirable that paid officers of other organizations, e.g., churches, Y. W. C. A., Settlements, etc., be elected as officers to this Guardian group, for this gives the impression that the Camp Fire Girls is merely an organization controlled by some other body. It may be wise, if the right people can be found, to have one or both of these offices filled by those who are not Guardians, but who are older women of large experience

CAMP FIRE GIRLS

and deep acquaintance with the work and having high standing in the community, whose advice will be invaluable. The Chief Advisor herself may be the best one for Chairman if she can give the time.

Membership Transferrable. If a Camp Fire girl moves from one city to another she may, when elected, transfer her membership to a Camp Fire in the city to which she goes. Or she may help in organizing a Camp Fire and securing a Guardian. She retains the rank she held in the group of which she formerly was a member.

Ceremonial Dress. The ceremonial dress and head-band are required before a girl may become a Wood Gatherer, because the experience of the last few months has shown that in them is found the democracy of spirit, the artistic unity, and the beauty of form, which are so desirable in the activities of the Camp Fire Girls. To this end only the official ceremonial dress should be worn. The materials have been carefully selected because of beauty of color, durability and inexpensiveness. The decorations on the ceremonial dress should be a symbolic or pictographic record of the attainments, relationships, ideals and hopes of the owner. Thus it should grow as she does. It will become a beautiful symbolic record of what is most precious in the life of the girl, and may be passed on as a priceless inheritance to her children.

Feathers. The most reliable authorities on Indian lore state that the feather worn standing upright in the head-band is distinctively the mark of attainment for the man, and is never worn by the women. Some artists depict the Indian woman

with the upright feather, but this is a violation of Indian traditions. As the dress of the primitive woman is imitated because of the beauty of its simplicity, so also, the womanliness of the headband should be preserved.

Blue Birds. Questions are constantly coming in about what can be done for the younger girls. Special forms and work are being started for them. They are called the Blue Birds. Camp Fire Girls can win honors by helping the Blue Birds. The Blue Birds are not to wear the Camp Fire Girls' Costume.

Blue Birds are to have special dresses, meetings, and activities quite different from the Camp Fire Girls. A nest of Blue Birds may be started by any Guardian. *Wohelo*, Vol. 1, No. 1, tells about how to start.

TEST FOR MEMBERSHIP AND RANK

Applicant for membership.

The applicant must know the object and requirements of the organization, and at the monthly meeting of the Council Fire shall announce her desire to become a Camp Fire Girl by repeating

It is my desire to become a Camp Fire Girl, and to obey the Law of the Camp Fire, which is to

Seek beauty

Give service

Pursue knowledge

Be trustworthy

Hold on to health

Glorify work

Be happy.

This Law of the Camp Fire I will strive to follow.

The Guardian explains the Law, phrase by phrase. The applicant is then received on probation as a member of the Camp Fire, until she has fulfilled the six requirements necessary to attain the rank of Wood-Gatherer.

To Become a Wood-Gatherer. A member must fulfill the following six requirements:

1. Be a member of a Camp Fire for at least two months.

TEST FOR MEMBERSHIP AND RANK 27

2. Attend at least six weekly meetings and two ceremonial meetings.
3. Select a name and symbol.
4. Make her headband.
5. Have the ceremonial dress.
6. Win in addition at least ten honors. These may be either from the required or elective list.

Upon meeting these requirements, a girl becomes a Wood Gatherer and receives the Wood Gatherer's Ring, as a token of her membership in the Camp Fire Girls. This ring is given without cost. It represents the seven points of the law in seven fagots bound together and Work, Health and Love, in three raised circles on either side of the fagots. The rings are given to the Camp Fire in care of the Guardian. They are to be retained by the girls only as long as active membership is maintained. Lost rings may be replaced upon application by the Guardian for fifty cents each.

As soon as a girl has completed the requirements for a Wood Gatherer, record of her membership is filed in the National office.

To Become a Fire Maker. 1. The Guardian must use her best judgment in determining how long a girl should be a Wood Gatherer before allowing her to become a Fire Maker. It is not merely a matter of winning the required and elective honors. Earnestness and maturity must also count. Any girl who is faithful ought to be able to win the rank in a year. If a girl is approaching the twenties, is deeply in earnest and has time for the work she might be allowed to present her claim in as short a period as three months. But this should be regarded as the rare exception. If she is living in a Camp Fire Girls'

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Camp, giving her entire time to the work, is mature, loyal and really understands the spirit the Guardian may allow her to become a candidate in six weeks.

2. The candidate shall further indicate her love and understanding of the Camp Fire ideal by learning and expressing:

THE FIRE MAKER'S DESIRE

As fuel is brought to the fire
So I purpose to bring
My strength
My ambition
My heart's desire
My joy
And my sorrow
To the fire
Of humankind.
For I will tend
As my fathers have tended
And my father's fathers
Since time began
The fire that is called
The love of man for earth
The love of man for man
The love of man for God.

8

3. Other requirements are:

(1) To help prepare and serve, together with the other candidates, at least two meals for meetings of the Camp Fire; this to include purchase of food, cooking and serving the meal, and care of fire. (All candidates work in rotation; that is, each does a different part of the work each time.) A

TEST FOR MEMBERSHIP AND RANK 29

typical meal to be cooked with an open fire on one of the tramps is: cream of tomato soup, potatoes baked in ashes, bacon broiled on green sticks, with bread, butter and lettuce brought from home ready for sandwiches. For indoor dinner to be prepared in rather small quarters on a gas range with the help of a fireless cooker, there may be soup, the stock to be prepared in the fireless cooker, the left-over meat to be chopped, for a chartreuse with rice, and tomato sauce, a green salad with a cooked dressing, and individual sponge cakes.

(2) To mend a pair of stockings, a knitted undergarment, and hem some necessary article, requiring at least a yard in length of hem. Use the sewing machine if practical, and also the attachments for hemming. Black stockings should be mended in the best possible light as this work is trying to the eyes. One Camp Fire has had a stocking party.

(3) To keep a written classified account of all money received and spent for at least one month.

(4) To tie a square knot five times in succession correctly and without hesitation.

(5) To sleep with open windows or out of doors for at least one month.

(6) To take an average of at least half an hour daily outdoor exercise for not less than a month.

(7) To refrain from chewing gum, candy, sundaes, sodas, and commercially manufactured beverages between meals for at least one month.

(8) To name the chief causes of infant mortality in summer. Tell how and to what extent it has been reduced in one community. In a city, there may be an opportunity to visit a

CAMP FIRE GIRLS

milk station, to see the babies brought in and weighed and to see there what is being done by that particular city. The work of a number of cities has appeared in illustrated magazine articles, which may be found by an index to current periodicals.

(9) To know what to do in the following emergencies:

- a. Clothing on fire.
- b. Person in deep water who cannot swim both in summer and through ice in winter.
- c. Open cut.
- d. Frosted foot.
- e. Fainting.

(10) To know the principles of elementary bandaging and how to use surgeon's plaster.

(11) To know what a girl of her age needs to know about herself.

This is a requirement in knowledge of personal hygiene to include the best use of hot and cold baths, care of the hands, cleanliness of the hair and its appropriate dressing, the encouragement of good teeth and a sweet breath. The girl should know the care of the eyes in respect to good light and occasional relaxation, by glancing to a distance when reading or doing other close work. She should know the normal requirements of sleep and out-of-door exercise for her age, the suitable dress for cold or wet weather, the proper care of the feet and proper selection of footwear, especially for school, work, and tramping, simple preventives of constipation through regularity, exercise, and attractive laxative foods. She should know those intimate things which careful mothers tell their daughters about the personal life of women and something of the delightful results of a happy attitude to all about her.

TEST FOR MEMBERSHIP AND RANK 31

(12) To commit to memory any good poem or song not less than twenty-five lines in length.

(13) To know the career of some woman who has done much for the country or state.

(14) To know and sing all the words of the national anthem.

4. In addition the candidate shall present twenty Elective Honors (see pages 53-64). At least one honor must be won in each group and with the exception of Home Craft not more than five honors may be presented from any one group.

To Become a Torch Bearer.

1. The candidate must be approved of by the Guardian as ready to Bear the Torch of Life and Light—to guide others. This should not be given to girls in the early teens. It ought to take a good Fire Maker from six months to two years to be ready for this rank and responsibility. It is not merely nor mainly a matter of winning the honors.

To be a Torch Bearer should really mean that the girl had shown powers of steady leadership. This is the most important qualification of the Torch Bearer.

2. The candidate shall learn and repeat

THE TORCH BEARER'S DESIRE

That light which has been given to me,

I desire to pass undimmed to others.

A Torch Bearer is an assistant to the Guardian. She is a leader. That is what carrying the torch means.

3. The candidate must be known to the Guardian as trustworthy, happy, unselfish, a good leader, a good "team worker," and as liked by the other girls.

4. The candidate shall have led a group of not less than

CAMP FIRE GIRLS

three girls once a week for not less than three months, or one month if she does it four times a week. She will naturally select things to do in which she is proficient and which the girls like. This does not mean that she can organize them as Camp Fire Girls. The real test is the enthusiasm and success of the girls she teaches.

5. The candidate shall present fifteen honors from the list of Elective Honors in addition to those she presented for the rank of Fire Maker.

TYPICAL PROGRAM FOR A COUNCIL MEETING

Preparation. See p. 34.

Recognition of members present. See p. 35.

Fire Lighting Ceremony, see p. 38 or Wohelo Ceremony, see p. 39.

Roll Call. See p. 36.

Count of last Ceremonial Meeting and intervening weekly meetings,
pp. 36 and 44.

Appointment of recorders for next meeting, p. 36.

Reports by girls, p. 36.

The following are optional:

Singing national anthem.

Awarding elective and required honors, p. 36.

Receiving new members, p. 41

Awarding rank of Wood Gatherers, p. 42.

Awarding rank of Fire Maker, p. 43.

Awarding rank of Torch Bearer.

Songs, dances, games, stunts, etc., p. 37.

Camp Fire talk or story, pp. 37 and 45.

Closing song, p. 39.

Filing out—singing Good-night song, p. 37.

Extinguishing fire or candles and leaving place in order, p. 38.

THE COUNCIL FIRE

(Monthly Meeting)

Each Camp Fire shall select or arrange the program and way of carrying on its own meetings. It will add much to the interest to have each Camp Fire have some original ceremonies. The following are offered as suggestions:

PREPARATION FOR THE FIRST CEREMONIAL COUNCIL

Girls should have selected names and symbols. Ceremonial names only should be used in the ceremonial meeting. The Guardian should also have a ceremonial name and symbol.

Ceremonial dresses and headbands should be ready if possible for the first ceremonial Council. The ceremonial dress is worn only for the Council Fire. For any less special meetings, the Camp Fire Girls' blouse or other appropriate dress may be worn.

The girls should have practised, with their Guardian, the hand sign of fire, the lighting of the candles, the songs, the entering and the leaving of the room, and all things needful, so that the meeting be carried through without any instruction or hesitation.

The ceremonial council step, sometimes used for entering and leaving the council circle, may be used. On the first tone of the measure, with the left foot, step forward, lightly, just touching the tiptoe to the floor. Gradually, without bending the left knee, touch the whole foot to the floor, swinging the entire weight of the body to that foot. The heel of the right foot has been gradually raised and the right knee bent so that at the end of the step

the girl stands with her weight directly on the left foot, with the right knee brought close to the left, the tiptoe of the right foot still touching the floor just behind her and the heel raised high. She is then ready for the step forward with the right foot on the first note of the second measure. Each new step can be taken only a few inches in advance of the other foot in order to do this attractively.

The Guardian should have a written program, and for the later meetings a list of the honors won and to be awarded. The girls should have memorized the Law of the Camp Fire.

If the ceremonial council takes place in the house, the room should be arranged so that the girls may sit in a circle on the floor, or in a half-circle about the fireplace, and the room should be darkened.

SUGGESTIONS FOR THE COUNCIL FIRE

1. The Guardian stands in her place in the circle. The girls, who are out of the room if possible, come in one by one, silently, or to the accompaniment of soft, stately music. Each girl makes the hand sign of fire at the same time that the Guardian makes it, to recognize her presence, then she sits down in her place in the circle.

2. The Wood Gatherers bring in the candles (if candles are used in place of the open fire) and place them in a triangle. When all the girls are seated, the Guardian sits down.

3. The fire is kindled either by the rubbing-sticks or matches. If candles are used, the fire may be made with the rubbing-sticks, a wax taper lit from the tinder, and the candles lit by the taper. Or matches may be used to light the taper. Three Fire Makers, or, if there are no Fire Makers, three Wood Gatherers, light the candles with the Wohelo ceremony (see pages 39-40), the Guar-

dian or a Torch Bearer taking the taper from each girl and handing it to the next.

4. The fire kindled, or the candles lit, all rise and sing Wohelo for Aye. The national anthem should be sung at some of the meetings.

5. Roll Call by the ceremonial names, each girl present responding "Kolah." This means Friend.

6. Count of the last ceremonial meeting and of the things that the Camp Fire Girls have done as a group since then. This is written by the girls in rotation, sometimes in rhyme or verse. (See page 48.)

7. The girl or girls who are to write the Count for the next meeting are appointed by the Guardian. Two or three girls often work well together especially when they really belong together.

8. Reports of the Girls. Each girl is to tell of some kind deed which she has seen done since the last meeting. She should also tell in what way she indicated her appreciation of the act.

9. The awarding of the Honors. The Guardian stands and says "Wawa (using the girl's ceremonial name) has won an honor for making a shirtwaist." Wawa stands.

G. "Wawa, have you the shirtwaist to show us?"

Wawa shows the shirtwaist if it is possible for her to bring it to the meeting.

G. "By authority vested in me as Guardian of the Fire I award you this honor." She then hands Wawa a green bead which Wawa strings on a leather thong or strong cord which she has about her neck. (If there is any special incident connected with the winning of the honor Wawa tells it. If the honor claimed is knowing fifteen wild birds, she presents a list of the birds. If it is for walking forty miles in any ten days, she presents a list of the days and the places she walked. If it is for five folk dances,

she dances one or two or all of them, if there is time. If it is for telling five Indian legends she tells one or all of them, if they are not too long.) The Work Song may be sung in an intermission in the awarding of honors.

10. Initiation of new members, p. 41.

11. Initiation of Wood Gatherers and bestowal of names, p. 42.

12. Initiation of Fire Maker. (See page 43.)

13. Songs, folk dances, or singing games. Demonstrations of Honor Work. The girls have been sitting still so long that it is well to get up and do something.

14. The Camp Fire Talk. The Guardian should plan to have some one talk on the law, some of the honors, Wohelo, or some subject in which that Camp Fire is at the time especially interested. The Guardian or one of the girls may talk, but it is much better to have a sympathetic person who is the guest for the evening. A discussion may follow.

15. Closing Song. "Lay Me to Sleep in Sheltering Flame," or the Good-Night Song may be sung. The girls should file out of the room or away from the fire, quietly; or singing a song, if the group has one which is suitable, keeping time to the song.

GOOD-NIGHT SONG

By Helen Hunt

The sun is sinking in the west,

The evening shadows fall;

Across the silence of the lake,

We hear the loons' low call.

So let us, too, the silence keep,

And softly steal away

To rest and sleep until the morn

Brings forth another day.

Melody: *Drink to Me Only with Thine Eyes.*

16. The Guardian, or someone appointed, should extinguish the fire and leave the hearth in order.

FOR AN OUTDOOR COUNCIL FIRE

The ceremony out of doors follows the form of the ceremony as used indoors with the added beauty and spaciousness of natural surroundings. Fagots take the place of candles. The stories, dances and songs may picture a freer life. The procession may wind from the shadows into the firelight, and at the close the maidens quietly disperse singing the watchword "Wohelo" to the trumpet call of "Taps."

The wood and kindling are brought to the hearth by the Wood Gatherers and the Fire Makers arrange the wood for lighting. When all are seated around the place of the fire, a Torch Bearer or the Guardian lights the fire. This may be done with matches, but, better still, it may be started with the rubbing of sticks. If directions are carefully followed it is not difficult to learn this method of starting a fire. After the fire is lighted the ceremony is completed by the group repeating the following ode in unison:

ODE TO FIRE

O Fire!

Long years ago when our fathers fought with great animals you were their protection.

From the cruel cold of winter, you saved them.

When they needed food you changed the flesh of beasts into savory meat for them.

During all the ages your mysterious flame has been a symbol to them for Spirit.

So (to-night) we light our fire in remembrance of the Great Spirit who gave you to us.

The remainder of the program may follow the outline given for the indoor meeting.

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A CLOSING SONG

*Lay me to sleep in sheltering flame,
O Master of the Hidden Fire.
Wash pure my heart, and cleanse for me
My soul's desire.*

*In flame of sunrise bathe my mind,
O Master of the Hidden Fire,
That, when I wake, clear-eyed may be* 6
My soul's desire. —Fiona Macleod.

THE WOHELO CEREMONY

The Wohelo ceremony well shows how a picturesque form may be given to a very simple act—the lighting of the candles. This form can be used in place of section three, The Lighting of the Fire in the Council Fire.

Place three candles in the center of the circle. One stands for Work, one for Health, and one for Love. A taper is lighted by the Guardian and is handed to one of the girls, who steps to the center of the circle, kneels on one knee, and says:

“I light the light of Work, for Wohelo means Work.”

She lights one candle. She then says:

“Wohelo means work.

We glorify work because through
work we are free. We work to

5

win, to conquer, to be masters.
We work for the joy of the work-
ing and because we are free.

Wohelo means work.”

CAMP FIRE GIRLS

She then hands the taper to the Guardian and retires and her place is taken by a second girl, who comes forward and says:

"I light the light of Health, for Wohelo means health."

After lighting the candle she says:

"Wohelo means health.

We hold on to health, because
through health we serve and are
happy. In caring for the health
and beauty of our persons we are
caring for the very shrine of the
Great Spirit.

5

Wohelo means health."

Then she retires. A third girl comes forward and says:

"I light the light of Love, for Wohelo means love."

After lighting the last candle she says:

"Wohelo means love.

We love Love, for love is life,
and light and joy and sweetness.
And love is comradeship and motherhood,
and fatherhood and all dear kinship.
Love is the joy of service so deep
that self is forgotten.

5

Wohelo means love."

After the lighting of the candles, the Camp Fire Girls' song,
"Burn, fire, burn," or some other suitable song may be sung.

RECEIVING NEW MEMBERS

The girls to become Camp Fire Girls take their places, before the meeting, just outside the circle near the Guardian. At the chosen time, the Guardian says:

Our circle is to be enlarged today by — new members; as it grows in numbers, may it grow in work and health and love.

Whoever joins this circle must be ready to seek beauty in this beautiful world which was formed by the Great Spirit, and in the hearts of men whom He has made. She must be willing, to the best of her ability, to give the service of love in the home and in the larger home which is the world. She must pursue knowledge that she may become well-rounded and broad-minded, tolerant and sympathetic. She must be truthful and reliable, that she may be worthy of trust. She must hold on to health, that the delicate and marvelous machinery of her body may be equal to the demands which mind and spirit lay upon it. She will try to glorify work by such insight and earnestness as shall link her labor to the progress of the world from age to age. Above all, she must have the happy heart, that others may catch the contagion of her cheerful spirit, and that thus the world may reflect ever more clearly and brightly the eternal light of the world to which we go.

The girls all rise, the Guardian turns to the new girls and says to the first:

"Is it your desire to become a Camp Fire Girl and to follow the law of the Fire?

The girl says:

"It is my desire to become a Camp Fire Girl and to obey the Law of the Camp Fire, which is to—" (here she repeats the Law.)
Then the Guardian says:

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"By authority vested in me as Guardian of the Fire, we welcome you as a member of the ——— Camp Fire.

The girls sing "Wohelo for Aye," or a welcome song.

The ceremony is repeated for each new member.

PRESENTATION FOR THE RANK OF WOOD GATHERER

The Guardian says:

"We are to welcome two (or the number) new Wood Gatherers."

The girls all rise, the Guardian turns to the new Wood Gatherers and says to the first:

"Is it your desire to become a Wood Gatherer and to follow the law of the Fire?

The girl says:

"It is my desire to become a Wood Gatherer, and to obey the Law of the Camp Fire, which is to—" (here she repeats the Law.)

"Minnetoska, will you tell us how you choose your name?"

"Minnetoska means Happy Laughter. The law of the Fire says 'Be Happy,' and I have tried to earn my right to this name by washing the dishes every morning for two weeks and being happy while I was doing it. As my symbol, I have chosen the Black-Eyed Susan because I have brown eyes and because the yellow of the petals stands for sunshine and I want sunshine in my eyes for every one."

Guardian: "Minnetoska brings to her council 'Happy Laughter and Sunshine' We welcome you to your place in the Camp Fire circle."

The Guardian then presents the Wood Gatherer's Ring to the girl and says:

"By authority vested in me as Guardian of the Fire and in token of your having fulfilled the six requirements necessary for the rank

of Wood Gatherer, I place on the little finger of your left hand this ring with its design of seven fagots symbolic of the seven points of the law of the Fire, which you have here expressed your desire to follow, and of the three circles on either side symbolic of the three watchwords of this organization: Work, Health and Love. She also says:

As fagots are brought from the forest
Firmly held by the sinews which bind them, 5
So cleave to these others, your sisters,
Wherever, whenever you find them.

Be strong as the fagots are sturdy;
Be pure in your deepest desire;
Be true to the truth that is in you;
And—follow the law of the Fire.

The girls sing "Wohelo for Aye," or a welcome song.
The ceremony is repeated for each new Wood Gatherer.

PRESENTATION FOR THE RANK OF FIRE MAKER

Guardian: Ayu (the girl's ceremonial name) is to take rank of Fire Maker today. The girl stands.

Guardian: Ayu has won the twenty elective honors as recorded in the Count of this, the Wohelo Camp Fire (giving the name of the local Camp Fire) and as shown by the beads of honor which she is now wearing. She has acceptably completed the requirements and in token of this presents the record of the parts she carried out in preparing the meals for this Camp Fire, of the time that she has slept with open windows, that she has spent in outdoor exercise, and that she has gone without candy and sodas between meals, with her adventures in doing it. She presents her cash account and the

stockings which she has darned. She will now complete her demonstrations before the council by showing us the use of the triangular bandage and two ways to use surgeon's plaster.

The girl passes the stockings and account book around for inspection and using another girl for patient shows the methods of bandaging. (Demonstrations of some other requirement may be substituted.)

Guardian: As a Wood Gatherer, you have endeavored to follow the law of the fire, you have brought the fagots to the fire; have you now a further desire to repeat in the presence of this council?

The girl repeats the Fire Maker's Desire.

Guardian: In token of your ability and desire for service I place on your left arm the Wohelo or Fire Maker's bracelet to show to others that you have proven your worth to wear the watchword of this organization, and I appoint you to kindle the council fire at the ceremonial meeting to be held one moon hence.

THE "COUNT" OF THE CAMP FIRE GIRLS

If the Camp Fire is to succeed, it is necessary to have a record of the honors earned by each girl. The Count, or Record Book, has been especially designed to meet this need.

The Count makes permanent any good times that the girls have together. Girls in their teens are in the romance period of their lives. They love memory books. The written record of the doings of their group means infinitely more to them than to people in general. Every time it is read individually or collectively the good times are lived over. It makes events trivial in themselves of importance. It holds the group together. An individual group

may scatter and disband, but if a good Count was kept, it will be a testimony of the work they have done and the play they have enjoyed together. In work for girls it is economy of effort, for in the long run nothing is lost.

Grand Council. Where there are several groups in one community, a Grand Council may be arranged to which parents and friends may be invited and to which it is wise to charge an admission. Each Camp Fire should be treated as an individual, that is, the Roll Call is by Camp Fires and the members all answer "Kolah" in unison when the name of their own Camp Fire is called. There is more jollification at a Grand Council than at a regular monthly Council Fire. Ranks of Torch Bearer or of Fire Maker may be granted but it is not the time for awarding of individual honors or of giving individual "counts." These latter are apt to become monotonous. If some specially interesting honor has been won, it might not be amiss to bestow the honor for it with an explanation of why it has been done, and if a specially good count has been written, it might be well to have it read. National honors may be awarded at a Grand Council. Fire-making, the Wohelo ceremony, etc., could be made part of the program.

SUGGESTIVE OUTLINES FOR TALKS ON THE LAW

Seek Beauty. Demand beauty in all of life. Where it is lacking help create it; where it is present appreciate it. We must embody it in our actions; we must see it in nature and in people, and we must love it in our hearts.

We must learn to see the beauty in our surroundings; in the beautiful proportions of trees and buildings; in the colors of sky

and water; in shadow and light, storm and sunshine. We should seek beauty in dress. The way a girl dresses and walks proclaims to any one who sees her deep facts about her inmost self. Dignity, beauty and modesty express themselves in good taste in dress. We must learn that the deepest beauty is within and that what we see outside is after all only a reflection of ourselves.

Give Service. Service is meaningless unless it grows out or grows into love of others. A mother who takes care of her child because it is her duty is missing what is most vital; to realize the wonder of a little child, and to know that the greatest service one can render God and man is to watch the unfolding of a soul and with kind understanding help it to grasp the right meaning of life. "Love your neighbor," and service will be as unconscious and beautiful as the service of a father or mother, brother, sister or friend. Therefore let us seek to establish love in our hearts; service will follow. Though not so easy, the opposite is true: serve your neighbor and love will follow.

Pursue Knowledge. Much that we learn seems to have no bearing on life. At best, we cannot acquire all knowledge; but at this time, when the world is readjusting itself so rapidly and extensively to woman and her work, women need the guidance of expert knowledge that they may apply themselves to life as effectively as possible. The Law tells us to learn those things which are most important for us to know, in order that we may be able, useful and efficient in the world.

Be Trustworthy. Be in truth what you wish to seem. Hate all sham and pretense. Be-worthy-of-trust. This Law teaches us not to undertake enterprises rashly, but having undertaken something, to complete it unflinchingly. This will teach us to be

loyal to other women, to our own highest ideals, and to all which commands our approval. We bring honor and credit to the Camp Fire Girls by being worthy-to-be-trusted.

Hold on to Health. It is difficult under present conditions to keep ourselves thoroughly well. The Law lays great emphasis on this: that we may dress wisely, that we shall be guided rightly in our eating and sleeping, in our exercise, in the intimate care of our bodies, and in self-knowledge.

The woman with fine health has advantages in almost every way. The lives of many women are marked by the tombstones of splendid things which they attempted to do but in which they failed because of ill health.

Glorify Work. To many people work is mere drudgery. We think of the necessity of work as a curse laid on man; whereas work is really one of the most splendid gifts to man. Without adequate work life is meaningless, restless, without satisfaction or achievement. Work is to be dignified and glorified and done so splendidly that it shall be lifted from the plane of necessity to that of opportunity.

Be Happy. The Law teaches us to be happy; if we have pain, to hide it; if others have sorrow, to be quick to relieve it. It teaches us to smile because life is full of joy; that joy which is based on health, work, and love.

Response. At some Council Fires, at the close of each talk on any part of the Law each girl stands, places her right hand over her heart and repeats the following:

CAMP FIRE GIRLS

This Law of the Fire
 I will strive to follow
 With all the strength
 And endurance of my body,
 The power of my will,
 The keenness of my mind,
 The warmth of my heart,
 And the sincerity of my spirit.

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*An Illustration of a "Count" of a Council Fire written by a
 Camp Fire Girl.*

COUNCIL OF NANIH WAIYA

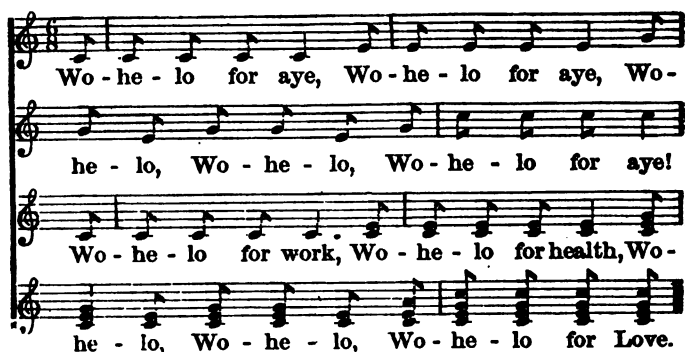
*Where the great magnolias shadow,
 Where the cedars whisper softly,
 There we held our Nanih Waiya
 There we built our Council Fire;
 With our gentle mother "Toa"
 With our Guardian of the Fire.
 As the moon rose, softly, softly,
 Shedding silv'ry beams all sparkling
 Gathered we about our Camp Fire
 One and all around in council
 By the fire built from fagots
 Which each brought as unto symbols
 Of the love within us burning
 For our fire cry "Wohelo,"
 For our sacred fire ascending.
 Each repeated the desire:
 Vowed our strength and power to give.
 Work and Health and Love, forever*

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*Then as from the net of fancy
Woven from the glowing fagots,
Tales of our great, great forefathers,
Worshippers of ancient fires,
Came before our range of visions—
And upspoke "Anacaona,"
"Flower of gold," Anacaona
Spake, and speaking told the legend
Of "Red Feather," brave and fearless,
Free of heart, and loving all things—
When this story was completed
The Chant of Wohe'o resounded,
From each heart a pledge, forever
Of love and strength and promise
To be faithful to our fire—
First low, then growing louder
Far across the waters echoed
Those notes we sang with great love
Sang "My Country 'Tis of Thee."
It echoed, and reechoed,
Till the last note dying faintly
Mingled with the dying echoes
Mingled, and was lost among them
Till the embers were extinguished.
Thus our forest council ended,
With the dying of the music
And the last glow of the embers.*

WOHELO CHEER

MUSIC FROM ALOHA



SONGS OF CAMP FIRE GIRLS

The Camp Fire Girls have their special songs, just as does each college and each country. The music of these songs is written for girls' voices, to be sung in three parts. They are very effective sung with no accompaniment, off on a tramp or around the camp fire after supper. Those by W. H. Neidlinger, who has written some of our most popular songs, are:

Walking Song

Song to our Guest

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Boating Song

Good-night Song

Work Song

A Blessing Before Meals

A whimsical Boo-Ga-Man Song for the dark

Mammy Moon, a Camp-fire Lullaby

He has also put to music, "Burn, fire, burn," which may be used for the beginning of any meeting, and "Lay Me to Sleep in Sheltering Flame."

Mrs. Nellie Williams has composed illustrative motions to be done by the girls while singing some of these songs. They are beautiful and effective.

THE CAMP FIRE OUTFITTING COMPANY

As a matter of convenience and economy for those who desire to purchase their outfits, arrangements have been made with the Camp Fire Outfitting Company to supply certain things which the girls may wish to buy. These articles must be approved both in quality and price by the Board of Managers. This approval will have a definite advertising value to the Outfitting Company; accordingly they are to pay the National organization from two to five per cent. of whatever they receive.

The advantages which this arrangement brings to the girls are:

1. The convenience of securing from one place all of the things which may be needed in Camp Fire work.
2. The assurance that for the price paid, all articles are of the best quality and design procurable.
3. The satisfaction of knowing that at least a portion of the profits which otherwise would go to middlemen, are helping in the support of the Camp Fire Girls' work.

The articles which are distinctive and which can be protected by patent will be sold only to members, *e.g.*, the Guardian pin, the emblems, bracelet, pin, ceremonial costume, etc. Other articles which may be manufactured by anyone will be sold to anyone.

The following articles are ready:

Ceremonial costume

2

Honor beads and thongs

The Guardian pin.

The Fire Maker's bracelet.

The Torch Bearer's pin.

Emblems for each rank

Record Book

Bead looms, moccasins, etc.

Embroidery beads

Bathing suits

Hats

Wohelo hat pin

Blouses, seven styles

School dress

Four styles of skirts

Bloomers

Sheep skins for the "Buffalo robe"

These garments all (including the hat) have pockets, for
"Camp Fire Girls have pockets."

Camp Fire Girls songs:

Walking song, Boating song, Work song, Mammy Moon,
Burn, Fire, Burn, Sheltering Flame, etc.

For further information, see the advertising pages.

ELECTIVE HONORS

HEALTH—HOME CRAFT—NATURE LORE—CAMP CRAFT—HAND
CRAFT—BUSINESS—PATRIOTISM—NATIONAL HONOR

The number of stars indicates the number of honors which may be won under a given heading: *e.g.*:

*Indicates one honor.

****Indicate four honors.

Certain honors may be won for rank several times; *e.g.*: Make two kinds of soup with milk, and two with meat. The first honor may be won for a cream of corn, cream of celery, ox tail soup and beef soup. Later on four different soups may be presented. The point is that the work presented must be new. Honors of this kind are marked **R** for repeat.

Certain honors may be won time after time and the proper bead awarded for each performance. Such honors count but once, however, for each rank. For example, a girl walks forty miles in ten days and wins her red honor. She may repeat this as many times as she cares to and receive the proper number of red beads,, but it counts but once for rank as Fire Maker or Torch Bearer, These repeat honors are marked with a circle o.

HEALTH CRAFT — RED HONORS

First aid: Secure diploma of the National Red Cross, or joint diploma of the American Red Cross and of the Young Women's Christian Association. *

Colds: Be free from every indication of a cold for two consecutive months between October and April. * o

Regularity: Not miss work or school because of ill health or headaches for three consecutive months. * o

Diet: Abstain from chewing gum and from candy, sundaes, sodas, and commercially manufactured beverages between meals for three consecutive months. * o

Sleep: Sleep out of doors or with wide open windows for two consecutive months between October and April. * o

Games: Play any of the following games for not less than fifteen hours in any one month. * *Team Games*—Hockey, Volley Ball, Basketball, Baseball, Soccer, Prisoner's Base, Captain Ball. *Other Games*—Tennis, Golf, Run Sheep Run, Hide and Seek, Pussy Wants a Corner, Three Deep, Blind Man's Bluff, Drop the Handkerchief, Red Rover, Fox and Hounds, Quoits, Duck on the Rock. * o

(Games adapted for girls and having standard rules prepared for them, like basketball and baseball, are to be played according to such rules.)

Play singing or dancing games for not less than fifteen hours in any one month. * o

Swimming: Swim one hundred yards. *

Swim one mile in any six days. (Not necessarily consecutive.) * o

Fetch up a cup from the bottom in eight feet of water. *

Do any two standard dives in good form. * x

Standard Dives:

Standing—Front, Side, Back, Twist, Jack.

Running or from spring board the same, e.g., a standing front and a running front and a front from a run and use of spring board may all be presented.

Undress in deep water. *

Swim any four standard styles. * x

Standard styles are breast, side, over-hand, single over-hand, crawl, back, scull on back, etc.

Canoe or Boat: Paddle or row twenty miles in any five days. * o (Not necessarily consecutive.)

Sailing: Sail a boat without help or advice for fifty miles. * o (In any one season.)

Motor Boat: Operate and care for without help or advice for one hundred miles. * o (In any one season.)

Skating—Ice or Roller: Skate twenty-five miles in any five days. * o (Not necessarily consecutive.)

Coasting: Coast, toboggan, or skee for not less than fifteen hours in any one month. * o

Skiing: Make six descents of at least fifteen feet in good form. * Make six jumps and land in good form. *

Snowshoeing: Cover twenty-five miles in any five days. * o (Not necessarily consecutive.)

Horseback: Saddle, bridle, mount, and ride a horse in correct form, using three gaits. *

Ride forty miles in any five days. * o (Not necessarily consecutive.)

Take care of horse and supervise care of stable for at least one month. *

Mountain Climbing: Make an ascent of two thousand feet and return to the starting level. * x

Bicycle: Bicycle forty miles in any five days. * o (Not necessarily consecutive.)

Tramping: Walk forty miles in any ten days. * o (Not necessarily consecutive.)

Note: This means tramping in the country or walking to and from school or business.

ELECTIVE HONORS

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Automobile: Operate and care for without help or advice, for five hundred miles. * o (In any one season.)

Folk Dancing: Know any five standard folk dances. * R

HOME CRAFT — FLAME COLORED HONORS

Cooking: Make bread in two ways and two kinds of cake. * R

Cook meat in four ways: Roast, broil, fricassee, boil. * R

Cook left-over meats in four ways. * R

Cook three common vegetables each in three ways. * R

Make two kinds of soup with milk, and two with meat. * R

Prepare four salads, making at least two kinds of dressing. * R

Prepare eggs in four different ways. * R

Prepare four desserts: one gelatine, one boiled, one baked, and one frozen. * R

Prepare a gruel, a cereal, an eggnog, and milk toast and arrange an invalid's tray attractively. *

Gather two quarts of wild berries or fruits and make them into a dessert. * o R

Can or preserve three different kinds of fruits, at least one quart of each kind. * R

Use fireless cooker successfully on cereals, meat and vegetables. *

Cook meat, a vegetable and a dessert, or fruit, in paper bags. *

Chafing dish: Prepare four unconventional appetizing dishes. * R

Write out an appetizing balanced vegetarian diet for a week. *

Write out a menu for three weeks suitable for a school girl who is inclined to be too stout. *

Write out a menu for three weeks suitable for a school girl who is inclined to be too thin. *

Give examples of five expensive and five inexpensive foods having high energy or tissue forming value. Do the same for foods having little energy or tissue forming value. *

Prepare balanced menu and superintend cooking for one month in home. * o

Make delicacies for the sick and send where needed through the National Plant, Flower and Fruit Guild, or some other distributing organization. *

Cook for one month in home. * o

Take instructions in neighbor's home once a week for two months, actually doing cooking. * o

Marketing: Describe characteristics and identify and select six chief cuts of meat; also state the market price for each. *

Market for one week on one dollar and a half per person, keeping accounts and records of menus, etc. *

Do the same for two dollars. *

Do the same for three dollars. *

Know the best season for the chief fruits and vegetables available in your locality and a reasonable price for each. *

CAMP FIRE GIRLS

Know the way flour, sugar, rice, cereals, crackers, and breads are sold—packages, bulk, etc.—prices, dangerous and common adulterations. *

Know how to secure full weight and pure food. *

Laundering: Do a family washing, using modern labor-saving devices if possible. *

Iron table linen, sheets, pillow slips, towels, or handkerchiefs for an average of eight hours in two months. * o

Wash and iron a shirt waist, a white skirt. *

Wash and iron a lingerie dress. *

Press a suit, or a skirt and coat. *

Remove three common stains from wash material, two spots from non-washable material. *

Use two agents for softening water, two soaps for different uses, two kinds of starch for different uses, two methods of bluing, and two household methods of bleaching. *

Housekeeping: Care for hardwood floors, walls, carpets, rugs, hardwood and upholstered furniture, as it should be done for the regular house-cleaning. *

Sweep and dust, using two kinds of sweeping or dusting compounds, moist cloths, dust absorbing cloths, and a vacuum cleaner. *

Properly dispose of waste and garbage from the home, and know its proper disposal by the city. *

Make up a bed for a baby, a bed with a draw sheet for a very sick patient, and know the proper airing and changing of beds. *

Air and make one bed every day for two months. * o

Wash and wipe dishes and leave the dining room in order, after one meal a day, for two months. * (Two girls may share the work, continuing it through twice the time, to obtain equivalent honors.)

Take the entire care of one room for one month, to include sweeping, dusting, washing of windows, care of flowers or plants, and what may be desirable for the attractiveness of the room. * This may be the club room of the Camp Fire Girls. (Two girls may share the work, continuing it through twice the time, to obtain equivalent honors.)

Put away clothing, rugs, furs, blankets, for the summer. *

Take instruction in a neighbor's house for one morning a week for two months, actually doing house work. * o

Take care of a cat, dog, bird, or a tame animal, for three months; know what harm they do, what diseases each may carry, and how they may be treated. *

Learn the care of plates, silver, glass, pots, pans, aluminum ware, lamps, copper. *

Invention. Make a useful household invention. * x

Care of Sick: Arrange a sick room to make it sanitary and calculated to give greatest possible comfort to patient and usefulness to doctor and nurses. *

Use a clinical thermometer to obtain the temperature of an adult and an infant and tell the temperatures indicating normal, fever, and dangerous fever conditions. *

Give the common symptoms of scarlet fever, diphtheria, whooping cough, measles, tuberculosis; also home care and prevention of these diseases. *

ELECTIVE HONORS

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Entertainment: Sing weekly in chorus or glee club for not less than three months. * o

Sing in a quartette, glee club, or organized chorus for not less than eight hours in any one month. * o

Memorize and sing alone five folk songs. * x

Play any musical instrument in an orchestra, reading the necessary music, for not less than eight hours in any one month. * o

Play from memory five piano pieces of the difficulty of Schumann's "Scenes from Childhood." * x

Play the piano or organ for one Sabbath service each week for three months. *

Play the accompaniment for any school exercises for not less than eight hours in any one month. * o

Commit and recite a thousand lines of standard poetry. * x

Commit and recite an equivalent amount of standard prose, such as an oration, essay, or story. * x

Write a story, a poem, or words of song which is either published or adopted for use. * x

Have entire charge of two programs for the weekly meetings of the Camp Fire. *

Have a party of ten with refreshments, costing not more than one dollar; keep accounts. * o

Entertain three or more little children for two hours a week for at least two months. * o

Know and tell five standard folk stories. * x

Write and give a play. * x

Plan and give a pantomime entertainment. * x

Make six visits a month for three months to sick in homes, hospitals or other institutions. *

Teaching a boy to dance any four of the following dances: * o Virginia Reel, Portland Fancy, Lady of the Lake, Howe's (or Hull's) Victory, Pop Goes the Weasel, Chorus Jig, Lancers, Boston Fancy, French Reel, German Hopping Dance, Varsouvienne, Fûretur, Gottland's Quadrille.

Each member of a Camp Fire that participates in carrying out a wholesome party, or hike, including at least as many others (either boys or girls) as Camp Fire Girls, may receive one honor. (The work must be well planned and organized and each member given special duties. The Guardian must approve the plans, but it must be really in the hands of the girls.) * o

Baby Craft: Know how milk should be prepared for a six-months-old baby; know what is good milk for a baby a year old and how it can be tested. *

Know how much a baby should grow in weight each week for the first six months, in height for each month for the first year. The relation of weight to disease and vitality. *

Know and describe three kinds of baby cries and what they mean. *

Care for a baby for an average of an hour a day for a month. * o

Make a set of practical playthings for a child three years old. * o

CAMP FIRE GIRLS

NATURE LORE — BLUE HONORS

Trees: Identify and describe any fifteen trees in such a way as to assure future recognition. In Summer. * In Winter. * Ten additional trees. *
Plant properly five trees at least one foot high where they are needed. * o

Flowers: Identify and describe twenty wild flowers. *
Identify and describe fifteen additional wild flowers. * x

Ferns: Identify and describe ten ferns. * x

Grasses: Identify and describe ten grasses. * x

Mosses: Identify and describe ten mosses. * x

Birds: Identify and describe twenty wild birds. *
Identify and describe fifteen additional wild birds. * x

Erect a bird box and have it used. * o

Tell the value of two birds to man from personal observations and notes. * x

Keep notes from personal observation of the raising of a family of birds. * x

Have a "lunch counter" used by at least four kinds of birds. * x

Butterflies: Identify and describe ten butterflies. * x

Moths: Identify and describe ten moths. * x

Stars: Know the planets and seven constellations and their stories. *

Tramp Lore: Make a satisfactory note book from your own observations while on tramps. This may be on stones, birds, trees, streams, erosion of the earth, or habits of animals. * x

Garden: Do all the work in a successful garden. This may be for use or beauty, or both. * x Keep written records of completion of different divisions of work and financial account of expenses. * x Write history of garden at end of season, not less than 1500 words. * x

Identify ten common weeds; tell how to remove and eradicate them. *

Identify ten harmful garden bugs and insects, and tell how to combat them. *

Raise flowers or vegetables in accordance with modern principles, getting cash results — violets, strawberries, celery, mushrooms, * x

Have a successful window garden properly balanced in color or a garden furnishing garnishing for the table. Practical results must be secured. * x

Raise a crop of sweet corn, popcorn, or potatoes. * x Make a record of processes, history of growth, cost, gain, or loss. * x

Raise at least two vegetables: Make note book record of growth and cost. * x

Can, pickle and preserve the product to an amount of two quarts canned, two quarts pickled and two quarts preserved. * x

Carry on experimental gardening as follows:

(a) Plant a plot with seed treated with bacteria solution and another plot with seed not so treated. Record results as to amount of crop, size of product, taste and palatableness. *

(b) Plant a plot with pedigree seeds and another plot with unpedigreed seeds. Record results. * x

(c) Plant two plots. Treat one by dry farming methods, and the other by usual methods. Record results. *

(d) Make tests of the value of irrigation. *

Bees: Do all the work of the successful hive of bees for a season and know the habits of honey bees. *

Animals: Demonstrate the nature and value of some one factor in heredity or environment in some strain of animals, e.g., chickens, dogs. (Effect of health, breeding, endurance, length of life, color, form or effects of altered food, exercise, out of doors.) * x

CAMP CRAFT — BROWN HONORS

Tent Craft: Erect a tent, having selected location. * She may have the help of one girl.

Take proper care of tent for one week. * o

Wood Craft: Make a shelter and bed of material found in the woods. * o

Sleep: Make a bed on the ground and sleep out of doors on it for any five nights. * o

Packing: Pack a horse and tie a squaw hitch. *

Fire Lore: Build an open fire in wind and rain with material found out of doors, and build a proper bonfire. * No fire is credited until it is properly left or put out.

Make two good devices for holding a pot over a fire and two for holding a frying pan over a fire. * x

Make fire without either fire or matches. * x

Cooking: Do all the camp cooking without help or advice for one day for four or more persons. This includes getting wood, and making an open fire. Suitable character, variety and amounts of foods are to be furnished. The menu must be written; quantities and price stated. *

Make a bean hole at least 18"x18", and cook one mess of beans for meeting of Camp Fire. *

Weather Lore: Know the meaning of weather signals, and the meaning of clouds, wind and temperature. *

Keep a scientific record for a month. This consists of temperature, wind direction and velocity, clouds, character and quantity, duration of rainfall, fogs or mist. *

Read United States Weather Map for a month and report for each day, comparative record of home point with some distant point. *

Indian Craft: Track two miles. *

Know six Indian legends. * x

Know twenty-five signs of the sign language. * x

Know six blazes. *

Know three ways the Indians have of testing eyesight. *

Make bead band at least eight inches long. *

Make a totem. *

Make an Indian bed. *

Make an Indian tepee. *

Knots: Tie ten standard knots. * R (Following list is suggestive.)

Tie two ends together—square and square bow, single bend or bowline (easily untied), alpine, kite string. Tie a rope to a post or rail or about itself—half hitches (fasten boat or clothesline), clove hitch (fasten horse), midshipman's or rolling hitch (tent rope). Whip a rope to prevent unraveling, with needle and without needle.

Make knots at the end of a rope—wall knot, crown, back splice.

Make fancy or heraldic knots—carrick bend, love knot (for trimming pillows, shirt waist or dress). Make trick knots—Tom fools' or sailor handcuff, cabin boy's knot. Weave ropes, twine or yarns, together—make a plait of three or more strands; make a sennit. Make splices; eye, short and long.

HAND CRAFT — GREEN HONORS

Any article in the following groups must show skill, ingenuity and taste.

Each article must be worthy of honor. When the designs in clay modeling, brass work, silver work, basketry, batik work, stenciling, leather work, embroidery, or bookbinding are symbolic of the Camp Fire Girls, two honors are given:

Clay Modeling: Model an individual cereal bowl, plate, or cup and saucer, having on it original designs. * R

Brass Work: Make a brass or copper bowl or vase having on it original designs. * R

Silver Work: Make three pieces of silver jewelry such as bracelet, ring, pin, hat pin, with original designs. * R

Basketry: Design and make a basket. * R

Wood Carving: Make a useful piece of furniture. * R

Carpentry: Make and stain a piece of "Box furniture." * R

Toys: Dress dolls, or make picture books or toys and send to hospitals and settlements where they are wanted. * R

Make a doll's house of four rooms and its furnishings. * *

Gather bayberries and make one 6" candle (dipped). * or

Gather bayberries and make four 6" candles (Molded). *

Batik Work: Design and dye three articles for use.

Dyeing: Dye material for a dress, or three smaller articles, each of different color. *

Stenciling: Stencil or batik three serviceable articles with original designs. * R

Suggestive: Table runner, curtains, sofa pillow, book-cover, paddle, ceremonial costume.

Leather Work: Make three articles with original designs in cut leather, at least one of these to be lined with silk harmonizing in color. * R

Bookbinding: Bind a book, sewing the back, and having lined cover, and original cover designs. * R

Photography: Take a dozen photographs, develop and print them. * o

ELECTIVE HONORS

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Sewing: Make two articles of underwear, using hand or machine or both. * o

Make a shirt waist. * o

Make a dress. * o

Make a set of baby clothes. * x

Make a ceremonial dress. *

Trim a hat. * o

Make a hat. * o

Draw an original design for a table runner, sofa pillow, curtain border, or some serviceable household decoration and embroider the article, using not over twelve hours for completing the embroidery. * x

Draw an original monogram or design, suitable for marking household linen or lingerie, and embroider it on six articles, using not over two hours to complete the embroidery on each. *

Embroider a shirt waist or dress with original design, the embroidery to be completed in twelve hours. * x

Use all the attachments of a sewing machine and clean and keep it in order for three months. *

Save nine stitches once each week for three months. * x

Know the prices and widths and uses of the following materials: * Six common cotton materials. Four common linen materials. Four common woolen materials. Four common silk materials.

Identify twelve kinds of lace and tell the reasonable price and appropriate use of each. * (Hand made lace and machine made lace after the same style may each be counted.)

Know how pattern is made in cloth; be able to compare four common textile materials; know their origin, how material is prepared, and how weaving is done. *

BUSINESS—YELLOW HONORS

Fill a regular position for four months, earning ten dollars a week or less. ** o

Fill a regular position for four months, earning more than ten dollars a week. *** o

Not employed in regular position, for every dollar earned for the purchase of own Camp Fire outfit. * o

Earn three dollars and give it to some philanthropic, church, or community interest. * o

Earn at least five dollars in any line other than regular employment, e.g., chickens, bees, garden, getting subscribers to books, magazines or papers, making and selling Christmas presents, fancy work, jewelry, toys, dolls. * o

Save ten per cent. of your allowance for three months. * o

Make an article entirely or in part in regular employment, showing skill, speed and taste. * to *****

Plan expenditure of family under heads of shelter, food, clothing, recreation, miscellaneous. *

CAMP FIRE GIRLS

Live for one year on an allowance covering all personal expenses. Keep full account. *****

Keep a bank account and set aside a definite amount per month for a year. *

Serve as Treasurer of your Camp Fire for a year, keeping accounts. *

Be "on time" for business morning and afternoon every working day for three months. *

For not borrowing money or articles of wearing apparel for two months. *

Attend a class or lecture at least four times each month for three months, the object being to make your services to your employer more valuable. *

Keep a bank account, either for yourself or some other person, for three months; draw checks, endorse checks, make deposits, and balance check book with bank book each month. *

Write a paper of not less than 1500 words on Business Pension Systems for Women in this and other countries. *

Write a paper of not less than 1500 words on Insurance Systems for Women in industries in this and other countries. *

Describe the work of three organizations interested in labor conditions of women—such as Women's Trades Union League, National Consumers' League, National Civic Federation, etc., etc. *

Write a paper of not less than 1500 words describing your State labor laws affecting women, girls and children, including age restrictions, hours of labor, wages, etc., making suggestions for amendments to improve working conditions in your own community. *

Write a paper of not less than 1000 words describing your State laws affecting the property rights of women. *

Write at a regular Camp Fire meeting—*

1. A business letter ordering a list of books; also make application for the money order to be enclosed.
2. A telegram of a business nature, general contents to be given by the Guardian.
3. An application for a position as clerk in a department store.

PATRIOTISM—RED, WHITE AND BLUE HONORS

Participate in organizing and carrying through a proper celebration of any national holiday. In each case the history of the day must be known. *

Organize and take part in a proper celebration of some historical event of local or national significance. *

Contribute some service to your community in connection with Street Cleaning. *

Beautifying front yards. *

Conservation of streams. *

Conservation of birds. *

Conservation of trees or forests. *

Do voluntary work for three months in connection with a playground, a settlement, or an organization, such as the Charity Organization Society, Society for Improving the Conditions of the Poor, Children's Aid Society, etc. **

Tell the history of your own locality and what occurred on each historical spot. *

Tell the history and meaning of the National flag and of the flag of the country from which your ancestors came. *

Know the flag and rulers of ten nations.*

Indian Lore: Buy and own a *genuinely* Indian made article; basket, bead-work, silverwork, pottery, stone work, blanket, and know to what tribe its maker belongs, what materials were used in its construction, and how it was made. * o The best way to help an Indian girl or woman is to buy the things she makes. It means food and clothing to her and her family.

Know the location, history, and present condition, both economic and religious, of the tribe where your Indian article was made. *

Know the uses, meaning of the design or symbols used (if possible), or something of the ceremony in which it is used, if it is a ceremonial basket, of your Indian article. * o

Be able to sing 6 *genuine* Indian songs at Camp Fire gatherings. *

Be able to tell 6 Indian legends at Camp Fire gatherings. *

Know the meaning of 10 Indian symbols or designs. *

Be able to name the Indian tribes that originally inhabited your state, the tribes and number of members now living there, and their economic and religious condition. *

Give brief accounts of the lives and activities of 5 great or well-known Indians, men or women.*

Be able to distinguish from each other the baskets of 10 different tribes.***

An honor in patriotism may be given to:

Each member that participates in giving a party or dance in which the girls and boys are about equal in number and in which at least two of the following dances are learned and danced by all: Virginia Reel, Portland Fancy, Lady of the Lake, Howe's (or Hull's) Victory, Pop Goes the Weazel, Chorus Jig, Lancers, Boston Fancy, French Reel, German Hop-ping Dance, Varsouvienne, Fûretur, Gottland's Quadrille. This honor may be repeated four times in any one year, provided new dances are used each time.

Prepare plans designed to improve the conditions under which girls work in your community.*

Be familiar with your national history as it affects woman's welfare. *

Pass a satisfactory examination upon, "The New Relation of Woman to the World." *

State the location and function of ten institutions, public and private, in your community for all kinds of relief and betterment. *

State two public services done:

For the people of your locality by the federal government, by the state government, and by the city or township government. *

Write a paper of not less than 1,500 words describing present immigration to this country, its advantages and disadvantages, and some of the problems created thereby. **

State the laws in regard to fire protection of public places in your locality. *

Describe Boards of Health and Labor Department requirements affecting ventilation and sanitation in stores and factories employing girls and women in your State. *

Teach a class of not less than three once a week for eight months in connection with a church, tabernacle, settlement, Young Women's Christian Association, Young Women's Hebrew Association or other educational or social institutions. *

Belong to such a class for eight months and miss not more than five meetings. *

Attend a service ten Sabbaths in three months. *

Give brief accounts of the life and service of:

Five religious leaders. *

Five missionaries. *

Five educators. *

Five great women. *

Five statesmen. *

Five scientists. *

Give the history of five great heroes of your own race. *

Commit to memory the preambles to the Constitution, Lincoln's Gettysburg Address, and the first two paragraphs of the Declaration of Independence. *

Commit to memory one hundred verses of the Bible or an equal amount of other sacred literature, as hymns, Thomas à Kempis, etc. *

NATIONAL HONORS

A special bead has been adopted for award to those who make something of value to the work of the Camp Fire Girls at large, such as: a song, poem, little play, drawing, photograph, Camp Fire Girl story, Count, head band, original and beautiful way of wearing honors, suggestion as to design of Camp Fire Girl clothing or other articles for use.

Send the article, picture or suggestion to the National Board. If it is adopted the award will be sent; if not, the article will be returned. Anything approved may be used by the National Board to advance the cause in any way, e.g., for exhibition at headquarters, for publication in the Manual or in Wohelo, or in magazine or newspaper articles, for official adoption in clothing, etc.

NOTE: A bibliography of references for all honors will be issued in separate form.

PICTURES OF CAMP FIRE GIRLS

THESE ARE MAINLY CUT-OF-DOOR
PICTURES BECAUSE CORRESPONDING
IN-DOOR PICTURES OF HOME HONORS,
ETC., ARE ALMOST IMPOSSIBLE TO SECURE



Ready for an indoor council fire. A Kitchi Kimiwan Camp Fire Girl, of Plainfield, N. J.



The chipmunks are her friends



"Yet as one they raise their paddles"

THE
CANOE
CLUB



A "Buffalo Robe" with the Girls' symbols and pictographs of their activities awarded for a given time to the girl winning the greatest number of honors. Sebago Wohelo
Camp Fire Girls



Preparing an Independence Day fire



A hay-rack ride



A shelter built by the girls



All girls enjoy wading



A bacon bat



Bacon on a stick ready to broil



Songrow in ceremonial costume. Her ambition is to sing and grow

NOU

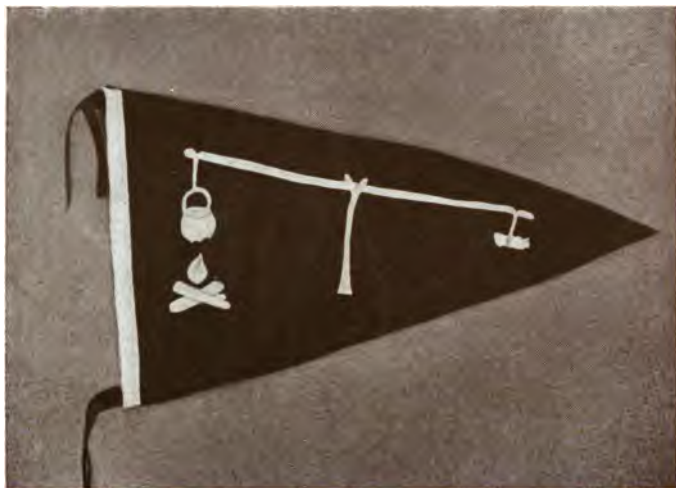


A tent with the sides rolled up



It is always a happy "good morning" after a night sleeping out

U of M



Banner awarded for the most practical outdoor cooking device.
Sebago Wohelo Camp Fire Girls



Banner of the crew of the Singing Swans. Sebago Wohelo Camp
Fire Girls



Winning honors at the typewriter



Wash day. Each girl does her own



The Hudson River Camp Fire Girls having a bacon bat on the Hudson River under the Palisades



The Camp Fire bathing suit. A skirt goes with the suit



Piscataqua Camp Fire Girls learning to sketch



A Piscataqua Camp Fire Girl winning an honor by teaching children to sew



The festival of "The First Fire Maker" given by Hanoum Camp Fire Girls



The Setag Camp Fire Girls playing, "Hide and Seek"



The Setag Camp Fire Girls playing, "Run, Sheep, Run"



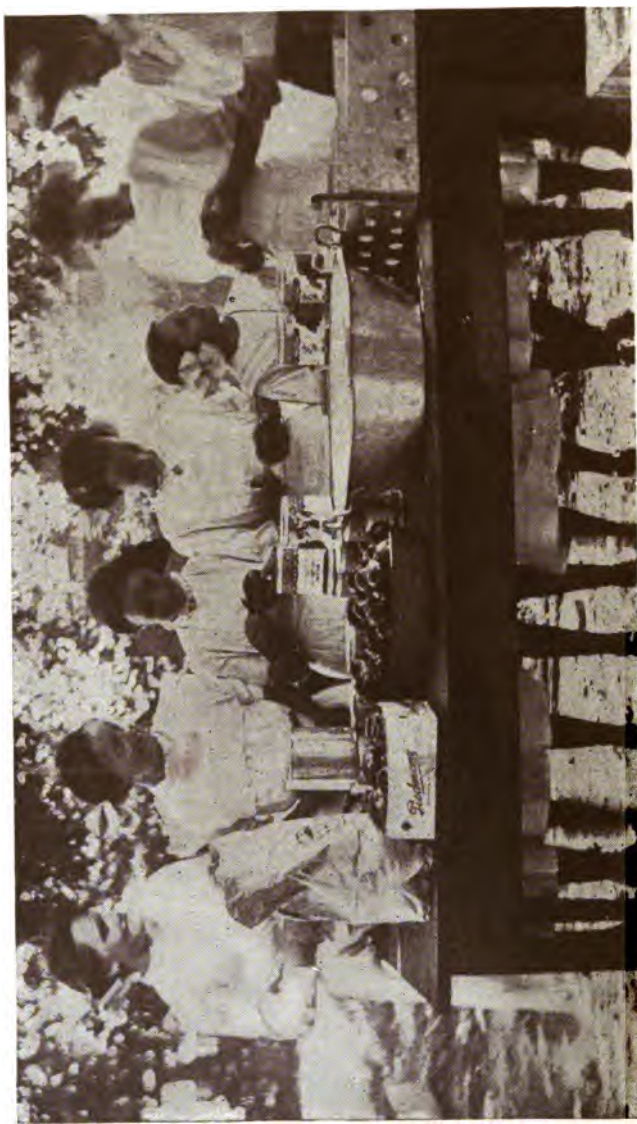
One of the standard dives.



Hanoun Camp Fire Girls horseback riding.



The Chatahoochee Camp Fire Girls having a ceremonial meeting back of a school house



Courtesy Dr. Knapp, U. S. Department of Agriculture
A canning club, Virginia



Some Chatahoochee Camp Fire Girls out skeeing



Photograph by Edw. F. Bigelow, Arcadia Sound Beach, Conn.

A union council fire of the Camp Fire Girls of Greenwich, Conn.



Chatahoochee Camp Fire Girls learning to cook in an out-door fireplace. The girl on the right has on the Camp Fire blouse and bloomers. The blouse can be worn open or closed



Taking a test in swimming. A Sebago Wohelo Camp Fire Girl



Enjoying a swim on a rough day. Sebago Wohelo Camp Fire Girls



Camp Fire Girls in Florida ready for a ceremonial meeting

1931



Helping to fight a real forest fire



"Flicker, flicker, flame"



"Burn, fire, burn"



"Whose hand above this blaze is lifted
Shall be with magic touch engifted"

Mrs. Nellie Williams interpreting the "Burn, fire, burn" song into motion



A Kitchi Kimitwan Camp Fire Girl, of Plainfield, N. J., uncovering a bean hole

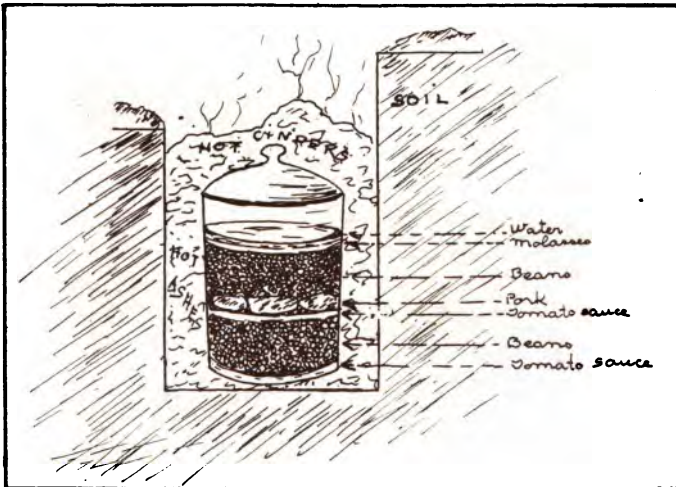


Diagram of the "Bean Hole"

An old-time method of cooking beans revived by Camp Fire Girls





Social life was established about the common meal. The "breaking of bread" is a socially significant act.
Camp Fire Girls Cook



Ready for a night in the open



First aid to the injured



A Camp Fire Girl enjoying nature



These girls have slept out on the top of a mountain and are now on their way down



Making symbolic bead bands on bead looms

U of M



Folk dancing



Rolling their blankets in a poncho after a night under the stars



Making a silver bracelet. It is on the pitch block



This girl has tipped over her canoe and has righted it and is now splashing the water out. If she splashes enough water from the canoe to enable her to sit on the seat and paddle to shore she will receive an honor



Earning a home craft honor



The Camp Fire Girls' school dress and hat

THE CAMP FIRE OUTFITTING COMPANY is the only house permitted by the Camp Fire Girls to carry the exclusive Camp Fire Girls' articles, such as honor beads, emblems, ceremonial costumes, etc. In addition they are the only house officially designated by the Camp Fire Girls to carry other articles which are used by the members of the organization. The Camp Fire Outfitting Company aim to supply the various needs of the Camp Fire Girls with goods of high quality at reasonable cost and of the official design and quality approved by the Board of Managers of the Camp Fire Girls. They are willing and anxious to co-operate in every way in supplying the individual needs of the members.

In the following pages a few of the articles carried by the Camp Fire Outfitting Company are described. As they are equipped to supply many of the things ordinarily needed by Camp Fire Girls they would be pleased to have you write them for their catalogue or concerning any of your wants, whether the desired articles are listed in their catalogue or not.

Camp Fire Outfitting Co.
110 Fifth Avenue, New York City



THE Ceremonial Dress with its decorations soon becomes a beautiful and continuous record of a girl's life achievements and friendships. So it is better to secure a good, durable costume, accurately cut and well fitting than to be half satisfied with one hastily made. The official dress is made of light weight khaki and trimmed with brown leather fringe. The dress made complete is \$2.00. If you desire to make the dress yourself we will furnish the material cut to your size for 70c. Also the two yards of brown leather fringe for 45c. Thus making all material for the dress cost you \$1.15. When you order state age or bust measure. Postage prepaid.

Camp Fire Outfitting Co.
110 Fifth Avenue, New York City



The Torch Bearer

By I. T. THURSTON

Author of "The Bishop's Shadow"
"The Scout Master of Troop 5," etc.

Officially endorsed by The Camp Fire Girls.

THINK of a dozen or so real live girls in camp, with lots of canoes and a bathing beach, and long country walks all around! And the Council Fires in the dusky woods, the flames leaping up as the camp fire songs rise into the still, summer night! Later the struggles of Olga in the City, and the Camp Fire Baby that came and went—and came again, all help to weave a delightful charm about this book that holds the interest of any girl or any mother. If you know a Camp Fire Girl it is doubly interesting. Illustrated, 12mo., One Dollar, Postage prepaid.

The "Count" or Record Book

MANY beautiful things die and drop out of our lives because we have not thought to keep a suggestive record of them. The Camp Fire Girls believe in keeping alive such memories. So a brown, soft leather-covered book, with leaves of wood-brown is provided for this purpose. In it is a page with a picture of each elective honor, to be colored as the girl receives them, a page giving the 52 phases of the moon in a year to record attendance at meetings, pages for each girl to fill out with her rank and honors and personal memories. The rest of the book is blank pages for records of the meetings, photographs and picturegraphs. It can be bought for \$2.00. Postage prepaid.

Camp Fire Outfitting Co.

110 Fifth Avenue, New York City



THE new Official Honor Beads, adopted July 1st, are more than beads. They are symbols of things accomplished. Because of this they have been made in special shapes and colors that cannot be duplicated anywhere in this country. So they have the additional charm of being unique among beads. To the Camp Fire Girl possessing them they will always, as the years go on, acquire more and more distinctive value. These Official Honor beads can only be procured from the Outfitting Company who have also a large and varied stock of novel beads of all kinds.

HONOR BEADS	2 cents each
SAMPLE STRINGS on short leather thongs, full assortment	.20
LONG STRINGS, double assortment	.35
LEATHER THONGS FOR HONOR BEADS:	
SHORT THONG, about two feet long	.02
LONG THONG, about five feet long	.05
EXTRA LONG, about seven feet long	.10
EMBROIDERY BEADS , for making head bands and decorating ceremonial costumes; can be had in virtually any color.	
Furnished in bunches containing from 6,000 to 7,000 beads each. Price per bunch, in any color	.20
SAMPLE BUNCHES, one-third larger than above and containing ten different colors	.30
SAMPLE BOXES of mixed colors, about two ounces of beads	.10
BEAD LOOM, with instructions and bead work designs	.25

Camp Fire Outfitting Co.

110 Fifth Avenue, New York City

Clothes Used by Camp Fire Girls

HERE are a few suggestions of the many things Camp Fire Girls can procure through the Camp Fire Outfitting Company.

¶ It is a comfort on a tramp to have a hat that can be worn in the rain or dust. And by twisting the brim a little the Camp Fire Girls Hat will well become any girl. Also there's a pocket in it.

¶ In fact all the outing clothes sold by us, being especially designed for Camp Fire Girls, look well in fine weather and wear well in bad weather. The Blouse with a collar that may be worn high or sailor collar fashion, not only has a delightful air to it but is very useful. Scores of girls have found that out.

¶ A good, serviceable skirt is always a fine thing to have in one's wardrobe. One of our serge, white drill, or khaki colored galatea skirts gives a sense of out-of-doors just to see it hanging up. Some of the styles can be converted into riding skirts and all have pockets, for "Camp Fire Girls have pockets"!

¶ To create a costume for girls who really love water sports was what was uppermost in the mind of the designer of the Camp Fire Girls Bathing Suit. The result is a nice looking, comfortable, and durable garment that makes girls just long for the water. Our catalogue gives pictures and details regarding all these garments.

Camp Fire Outfitting Co.

110 Fifth Avenue, New York City